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## Camdenton R-III School District

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### Health Services Board Report July 13, 2015

#### 1. STUDENT HEALTH SERVICES:

- a. Clinic Log Visits for 2014-15 School Year (174 days):** The following table represents the logged student visits to the health room in each school. This does not include employee visits, screening visits, or other visits that may have not been logged as a clinic visit.

SCHOOL	VISITS	AVERAGE DAILY VISITS
Hurricane Deck Elementary	2,491	14.3
Osage Beach Elementary	5,704	32.8
Dogwood Elementary	11,382	65.4
Hawthorn Elementary	9,404	54.0
Oak Ridge Intermediate	8,177	47.0
Middle School	6,553	37.7
High School	4,274	24.6
<b>DISTRICT TOTAL</b>	<b>47,985</b>	<b>275.8</b>

- b. Immunization Compliance:** Our nurses work diligently at obtaining immunization compliance of all our students in accordance with state laws. See attached annual Summary Report of Immunization Status which was submitted to Missouri Department of Health and Senior Services.
- c. Student Diabetic Club:** Amy Rabenold, RN and Tammie Lawson, RN facilitated this club. The Diabetic club met 3 times throughout the year and the group focused on creating relationships between students, diabetes education, current trends, and resources for diabetic students. With the resignation of Nurse Amy, Nurse Tammie plans to continue to facilitate the club with the assistance of myself and Amy Cole, RN.

**d. Miles for Smiles Program:** The Health Services team has continued to promote this program which gives our students access to affordable and convenient dental care. The mobile dental unit visited each of our schools twice during the school year. The following table represents the amount of service that was provided:

SCHOOL	VISITS	SERVICE VALUE
Hurricane Deck Elementary	16	\$3,061.00
Osage Beach Elementary	11	Amount unavailable
Dogwood Elementary	151	\$27,109.00
Hawthorn Elementary	156	\$29,289.00
Oak Ridge Intermediate	65	\$15,338.00
Middle School	43	\$10,578.00
High School	72	\$13,974.00
<b>TOTALS</b>	<b>514</b>	<b>\$99,349.00+</b>

**e. Screenings:**

- Vision, Hearing, Scoliosis, Dental and Body Mass Index screenings were completed and referrals made if indicated.

**f. Student CPR/First Aid:** Kim Lapeyre, RN has continued to offer CPR and First Aide classes to our students. The following table represents the students who took the courses.

CLASS	CPR	FIRST AID	BLS	HEARTSAVER
Robotics	14	3		
LCTC			45	55

**2. EMPLOYEE HEALTH SERVICES:**

**a. Annual Employee Flu Shot Clinic:** In collaboration with the Camden County Health Department, 263 staff members and/or family members received the influenza vaccine.

**b. Annual Employee Wellness Clinic:** 240 staff members and/or family members participated in our wellness clinic on May 27, 2015. Attendance was increased from years past. The following services were provided at NO COST to our insured employees and at a reduced service fee for employees who are not insured by the school district:

- Labs: Blood Chemistry, Complete Blood Count, Hemoglobin A1C, Thyroid Stimulating Hormone, Prostate Specific Antigen
- Blood Pressure Screening
- Fingerstick Blood Sugar
- Vision/Glaucoma Screening
- Pulmonary Function Test
- Dietician Consulting
- Body Analysis Screening
- Take home Kit for Colon Cancer Screening

- c. **Exercise Classes:** Ingrid Davis continued to offer exercise classes twice a week to employees.
- d. **Health Clinic Services:** The nursing staff has open door policy in their clinic where we provide services to our staff such as, blood pressure monitoring, body analysis, weight, blood sugar monitoring, and assessment if illness is suspected.
- e. **Workman's Compensation Evaluation:** The nursing staff provides initial evaluation and treatment to those employees who have been hurt on the job.
- f. **CPR/First Aid Training for Staff:** Kim Lapeyre, RN continued CPR/First Aid Training for our staff. The School District currently has 92 employees with CPR certification and 37 employees with First Aid certification.
- g. **High School AED (Automated External Defibrillator):** Due to the size of the building and location of the current AED outside of the gymnasium, it was determined that a second AED was needed to provide adequate AED coverage for the second floor of the Academic wing. The Health Services Department was able to purchase this additional AED for the High School.

### 3. COMMUNITY COLLABORATION:

- a. **Lamb House:** The Lamb house provides a free pair of athletic shoes per year to students in need
- b. **Child Advocacy:** Child Advocacy assists our students in a variety of ways.
- c. **Lions Club:** The Lions Club assists our students with eye exams and prescription glasses.
- d. **Lake of the Ozarks Idiots Club:** This club provides various items to our students in need. They provide clothing, shoes, gas cards, automotive repairs, etc.
- e. **Lake Ozark Daybreak Rotary:** Provides an annual monetary donation used to purchase extra clothing for our health rooms.
- f. **Laclede Cooperative:** This organization provides a variety of toiletries and personal care items which can be ordered monthly. They also provide coats, jackets, sweatpants, gloves and hats.
- g. **State Fair Community College (SFCC):** Collaborated with SFCC by providing pediatric clinical experience for their nursing students in our Dogwood Elementary and Osage Beach Elementary Schools.
- h. **Columbia College (CC):** Collaborated with CC by providing pediatric clinical experience for their nursing students in the Nursing office during summer school.
- i. **Lake Regional Health System (LRHS):** LRHS provided the services offered at our Employee Wellness Clinic.

- 4. PROFESSIONAL DEVELOPMENT/CONTINUING EDUCATION:** The nurses in our District are committed to continuing education in order to provide the best practice in our health rooms as indicated by the following courses attended:
- a. School Nurse Survival Conference (July 2014):** Attended by Nancy Dickerson, RN, Tammie Lawson, RN, Amy Rabenold, RN, and Susan Neal, RN
  - b. Missouri Association of School Nurses School Nurse Orient, Renew, and Review (SNORR) conference (September 2014):** Attended by Rhonda Franken, RN
  - c. Missouri Coordinated School Health Conference (December 2014):** Attended by Kim Saab, RN and Rhonda Franken, RN
  - d. Youth Mental Health First Aid Course (2015):** 3 year certification obtained by Nancy Dickerson, RN and Rhonda Franken, RN
  - e. Missouri Association of School Nurses Spring Conference (April 2015):** Attended by Tammie Lawson, RN and Susan Neal, RN
  - f. CPR Instructor Course (April 2015):** Recertification obtained by Kim Lapyere, RN
  - g. Basic Life Support (BLS):** All of the nurses in the District are currently BLS certified.

**5. PLANS FOR 2015-2016 SCHOOL YEAR:**

- a. Thrive Kids Program:** I have initiated discussion with LRHS and Sherry Comer regarding an afterschool program that is going to be offered by LRHS called Thrive Kids. It is a program that will be offered at Oak Ridge Intermediate and Hurricane Deck Elementary. The program educates students and parents about activity and nutrition in order to stay healthy. The plan is to pilot the program in these schools this year and potentially expand thereafter.
- b. School Health Advisory Council (SHAC):** The council met 3 times last year and the topic of interest was the possibility of conducting the CDC's School Health Index (SHI). The SHI is a self-assessment and planning tool that will allow the School District to identify our school health needs and develop action plans for improvement. The SHI addresses each of the 8 components of Coordinated School Health which include the following:
  - Health Education
  - Physical Education
  - Health Services
  - Nutrition Services
  - Counseling, Psychological, & Social Services
  - Healthy School Environment
  - Health Promotion for Staff
  - Family/Community Involvement

The SHAC invited representatives from Missouri Department of Health and Senior Services (MODHSS) to give presentation about the SHI. The SHAC decided feedback was needed from other schools who have conducted the assessment to determine if the data collected was valuable to their schools. 5 out of the 5 Missouri Schools who were contacted, had positive feedback and would recommend the assessment. The SHAC has decided to proceed with the SHI if feasible next year.

**c. Back to School Health/Safety Fair at Hurricane Deck Elementary:**

This event is scheduled for Friday, August 7, 2015 from 1:00-5:00pm at Hurricane Deck Elementary in the Art and Music Rooms. Multiple Community Organizations and Vendors will present to encourage the students and families to be healthy and safe this school year.

**d. Continue all the Services that the Nurses currently provide to students and employees.**

**6. HEALTH SERVICES STAFF FOR 2015-2016 SCHOOL YEAR:**

**a. Full Time Staff:**

- Rhonda Franken, RN, Health Services Coordinator
- Amy Cole, RN, Hawthorn Clinic
- Nancy Dickerson, RN, Middle School Clinic
- Kim Lapeyre, RN, Dogwood Clinic
- Tammie Lawson, RN, Oakridge Clinic
- Shelli Maher, RN, High School Clinic
- Meagan Hardwick, RN, Hurricane Deck Clinic
- Kimberly Saab, RN, Osage Beach Clinic
- Sharon Sweat, LPN, Dogwood Clinic

**b. Substitute Nurses:**

- Rosemary Chance, LPN
- Annette Petersen, LPN
- Trisha Murphy, RN
- Karen Harris, RN
- Amy Rabenold, RN
- Heather Schnebly, LPN
- Apryl Welch, RN

Respectfully Submitted,

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Camdenton R-III School District

Attachment: MODHHS Immunization Status Reports 2014-2015